

West Virginia

Multidrug-Resistant Organisms

2024 Surveillance Report



Healthcare-Associated Infections and Antimicrobial Resistance Program Office of Epidemiology and Prevention Services 500 Summers Street Charleston, West Virginia 25301

Multidrug-Resistant Organisms in West Virginia January 1, 2024 – December 31, 2024

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West Virginia Multidrug-Resistant Organisms 2024 Surveillance Report West Virginia Department of Health Bureau for Public Health Office of Epidemiology and Prevention Services

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Table of Contents

Multidrug-Resistant Organisms (MDRO) Overview	6
Risk Factors	6
Reporting Requirements and Surveillance	7
Limitations	7
Table 1.1, Completeness Elements and Criteria, Statewide	8
Table 1.2, Completeness Data, Statewide, 2024	8
CRO and CPO in West Virginia	9
Table 2.1, CRO & CPO Incidents Statewide, West Virginia, 2024	9
MDRO by Surveillance Region	10
Figure 3.1, CRO Cases by Surveillance Region, 2024	10
Figure 3.2, CPO Cases by Surveillance Region, 2024	11
Figure 3.3, C. auris Screening Cases by Surveillance Region, 2024	12
Figure 3.4, <i>C. auris</i> Clinical Cases by Surveillance Region, 2024	13
MDRO in Central Surveillance Region	14
Graph 4.1, CRO & CPO Isolates, Central Surveillance Region, 2024	14
Table 4.1, CRO & CPO Isolates, Central Surveillance Region, 2024	15
MDRO in Eastern Surveillance Region	16
Graph 5.1, CRO & CPO Isolates, Eastern Surveillance Region, 2024	16
Table 5.1, CRO & CPO Isolates, Eastern Surveillance Region, 2024	17
MDRO in Mid-Ohio Valley Surveillance Region	18
Graph 6.1, CRO & CPO Isolates, Eastern Surveillance Region, 2024	18
Table 6.1, CRO & CPO Isolates, Eastern Surveillance Region, 2024	19
MDRO in Northeastern Surveillance Region	20
Graph 7.1, CRO & CPO Isolates, Northeastern Surveillance Region, 2024	20
Table 7.1, CRO & CPO Isolates, Northeastern Surveillance Region, 2024	21
MDRO in Northern Surveillance Region	22
Graph 8.1, CRO & CRO Isolates, Northwestern Surveillance Region, 2024	22
Table 8.1, CRO & CPO Isolates, Northwestern Surveillance Region, 2024	23
MDRO in Southern Surveillance Region	24

Graph 9.1, CRO & CPO Isolates, Southern Surveillance Region, 2024	24
Table 9.1, CPO Isolates, Southern Surveillance Region, 2024	25
MDRO in Western Surveillance Region	26
Graph 10.1, CRO Isolates, Western Surveillance Region, 2024	26
Table 10.1, CPO Isolates, Western Surveillance Region, 2024	27
Demographics	28
MDRO Cases by Gender	28
Table 11.1, CRO and CPO Cases by Gender, West Virginia, 2024	28
Graph 11.1, CRO and CPO Cases by Gender, West Virginia, 2024	28
Table 11.2, Gender of CRO Cases by Surveillance Region, West Virginia, 2024	29
Table 11.3, Gender of CPO Cases by Surveillance Region, West Virginia, 2024	29
Graph 11.2, C. auris Cases by Gender, West Virginia, 2024	29
Table 11.4, Gender of C. auris Cases by Surveillance Region, West Virginia, 2024	30
MDRO Cases by Age	30
Graph 12.1, CRO and CPO Cases by Age, West Virginia, 2024	30
Table 12.1, Age of CRO Cases by Surveillance Region, West Virginia, 2024	31
Table 12.2, Age of CPO Cases by Surveillance Region, West Virginia, 2024	31
Graph 12.2, C. auris Cases by Age, West Virginia, 2024	32
Table 12.3, Age of <i>C. auris</i> Cases by Surveillance Region, West Virginia, 2024	32
MDRO Cases by Race	33
Graph 13.1, CRO and CPO Cases by Race, West Virginia, 2024	33
Table 13.1, Race of CRO Cases by Surveillance Region, West Virginia, 2024	33
Table 13.2, Race of CPO Cases by Surveillance Region, West Virginia, 2024	34
Graph 13.2, C. auris Cases by Race, West Virginia, 2024	34
Table 13.3, Race of C. auris Cases by Surveillance Region, West Virginia, 2024	35
MDRO Cases by Ethnicity	35
Graph 14.1, CRO and CPO Cases by Ethnicity, West Virginia, 2024	35
Table 14.1, Ethnicity of CRO Cases by Surveillance Region, West Virginia, 2024	36
Table 14.2, Ethnicity of CPO Cases by Surveillance Region, West Virginia, 2024	36
Graph 14.2, C. auris cases by Ethnicity, West Virginia, 2024	37
Table 14.3 Ethnicity of C. auris Cases by Surveillance Region. West Virginia. 2024	3.

Social Vulnerability	38
Discussion	38
Recommendations	39
Summary	39

Multidrug-Resistant Organisms (MDRO) Overview

MDROs are responsible for a growing number of infections in healthcare settings in West Virginia and across the country. Carbapenem-Resistant Organisms (CRO) are a type of bacterial MDRO that can result in asymptomatic colonization or active infection, particularly in healthcare settings. They are difficult to treat and are included in the Centers for Disease Control's 2019 AR Threats Report | Antibiotic Resistance Threats in the United States. These organisms can cause a wide range of infections, such as those of the urinary tract, bloodstream, respiratory tract, and wounds. They have developed resistance to a last-line antibiotic class: the carbapenems. Bacteria in the taxonomic order called Enterobacterales (CRE), and others like Carbapenem Resistant Acinetobacter baumannii (CRAB) in the Moraxellaceae family, are commonly found in the environment and can cause the same types of infections. They are associated with high mortality rates depending on the type of bacteria.

Carbapenemase-producing organisms (CPOs) are those that have acquired mobile genetic elements, also known as plasmids, that carry genes with the ability to produce enzymes that actively hydrolyze or break down carbapenem antibiotics. These plasmids are easily exchanged between different bacteria, thus facilitating the rapid spread of carbapenem resistance. *Klebsiella pneumoniae* carbapenemase (KPC) is most common in the United States, followed by New Delhi metallo- β -lactamase (NDM), and oxacillinase-like carbapenemase-(OXA-like) producing infections. Of the 117 CPO cases in West Virginia, about 56% were KPC, up from 37% the previous year. OXA-like were the second most common at 32%; a notable increase from 12%. The remaining cases included nine NDM (8%), three with unknown resistance mechanisms (3%), and two VIM (Verona integron-encoded metallo- β -lactamase) cases, accounting for 2%. CDC recommends more stringent infection prevention practices in areas where CPO is prevalent, as these organisms are suspected to be responsible for much of the spread throughout the country.

Candida auris (C. auris), recently renamed Candidozyma auris, is a type of yeast that can cause severe illness and sometimes death due to its efficient resistance to antifungal medications and ability to persist in the environment. Since its 2009 discovery in Japan, C. auris has spread globally. The first case in West Virginia occurred in 2023. That number increased in 2024. Much remains unknown about this emerging pathogen. However, we do know that it mostly affects the sickest patients with underlying medical conditions such as those requiring mechanical ventilation, feeding tubes, urinary catheters, and vascular access devices. The presence of comorbid conditions and chronic diseases in patients who die after C. auris detection makes cause of death determination difficult. The degree to which C. auris contributed to patient demise, compared to existing illness, is uncertain.

Risk Factors

Some bacteria and fungi are resistant to nearly all antimicrobials, leaving more toxic or less effective treatment options. The primary risk factors for MDRO acquisition in the United States include exposure to healthcare and exposure to antimicrobials. Patients who require devices (e.g., urinary catheters) and patients taking long courses of some antimicrobials are most at risk. Healthcare-related risk factors include requiring help with activities of daily living like toileting and bathing, exposure to an intensive care unit, and mechanical ventilation. Several antimicrobials have been associated with these infections, including carbapenems that have already been discussed, as well as cephalosporins, fluoroquinolones, and vancomycin.

Reporting Requirements and Surveillance Information

In 2017, a case of CRO (known as CRE at that time) in West Virginia was defined as an *Enterbacterale* isolate that was resistant to at least one carbapenem antibiotic (doripenem, ertapenem, imipenem, and meropenem) OR a documented carbapenemase producer (e.g., KPC, NDM, VIM, IMP, OXA-48) demonstrated by a recognized test (e.g., polymerase chain reaction (PCR), metallo-β-lactamase test, modified Hodge test, Carba NP, matrix-assisted laser desorption/ionization-time of flight (MALDI-TOF). There were four exceptions to this case definition: *Proteus* spp., *Providencia* spp., *Morganella* spp., and *Stenotrophomonas* spp. These organisms are intrinsically resistant to imipenem and need to be resistant to one carbapenem other than imipenem OR be a documented carbapenemase producer. This definition remained the same until December 31, 2022.

Beginning on January 1, 2023, West Virginia adopted the case definition of carbapenem-resistant *Enterobacteriaceae* to include CRAB and CRPA. This expansion aligned our surveillance efforts with national standardized practices. *Candidozyma auris* (*C. auris*) is classified as a category II condition and is reportable within 24 hours to the Local Health Department (LHD). It will be clearly outlined in the 2025 Reportable Disease Rule. Consistent classification of MDRO counts facilitates reporting to professional audiences, policymakers, and the public. Further, it creates actionable epidemiology for healthcare facilities and public health officials, enabling effective prevention, detection, and response. The overarching goal is to contain the spread of MDROs, improving accountability of potential new antimicrobial resistance threats that often arise quickly.

Limitations

Several limitations should be considered when interpreting the data summarized in this report. Of the 346 total CRO/CPO cases reported in 2024, 117 (33.8%) were CPOs. Seventy-two were tested and found to be negative for carbapenemase production. The remaining 157 cases were either not tested or testing status was unknown, meaning the true number of CPO-positive specimens will never be known. One contributing factor is not all laboratories have the equipment and/or resources necessary to conduct carbapenemase testing. Without this information, infection prevention efforts may be less targeted or effective. Moreover, timely knowledge of carbapenemase production status is critical to ensure rapid investigation and prevent further transmission. The West Virginia Healthcare-Associated Infections/Antimicrobial Resistance (HAI/AR) Program, in partnership with the West Virginia Office of Laboratory Services (OLS) and the CDC's Antimicrobial Resistance Laboratory Network (ARLN) Mid-Atlantic division, provides access to carbapenemase testing. However, raising awareness of this resource and enrolling additional participants remains a challenge. Similarly, detection of *C. auris* is difficult, as it is often misidentified as other yeast species. Many laboratorians lack experience with this organism, and few laboratories have the specialized equipment required for accurate testing.

Another limitation is the reliance on information collected during case investigations by local health departments (LHDs). These investigations depend on successful contact with case-patients and the accuracy of self-reported information. Challenges such as recall bias, refusal to participate, or incomplete interviews may reduce data accuracy. In addition, delays or omissions in entering key data into the West Virginia Electronic Disease Surveillance System (WVEDSS) can further impact data quality. Examples of commonly missing or delayed information include specimen source, culture type, carbapenemase production status, and public health actions taken.

Overall, the completeness of case investigations in WVEDSS remains a limitation. Enhanced surveillance of multidrug-resistant organisms (MDROs) is needed to provide a more accurate estimate of disease burden. The following tables define and illustrate statewide completeness for 2024.

Table 1.1, Completeness Elements and Criteria, Statewide

Criteria for "Complete"		
Name of organism entered.		
Has a valid source entered.		
"Clinical" or "Surveillance" entered.		
May be "Unknown" until further information becomes available. Update with "No," "Not Tested," or "Yes" when determined. If "Yes," select "Hodge Test," "IMP PCR," "KPC PCR," "NDM PCR," "OXA 48-like PCR," and/or "VIM PCR."		
Response other than "Unknown."		
Response other than "Unknown."		
Response other than "Unknown."		
Enter the complete address, including zip code.		
Response other than "Unknown."		

Table 1.2, Completeness Data, Statewide, 2024

Overall Score	%	Completed	N
CRO & CPO Organism	99.7%	345	346
Specimen Source	95.7%	331	346
Culture Type	95.7%	331	346
Tested for Carbapenemase Production	54.6%	189	346
*Mechanism/Test Type	64.6%	122	189

Antibiotics more than twice?	60.4%	209	346
Hospitalized?	54.6%	189	346
Resident of NH or LTCF	30.9%	107	346
Indwelling devices	43.1%	149	346

^{*} Mechanism/Test Type "N" differs from total because not all isolates were tested for mechanism/test type.

CRO and CPO in West Virginia

Organisms identified in 2024 included:

- Acinetobacter baumannii
- Pseudomonas aeruginosa
- Klebsiella pneumoniae
- Enterobacter cloacae complex
- Escherichia coli

Table 2.1, CRO & CPO Incidents Statewide, West Virginia, 2024 (N=346)

Organism	CRO	СРО
Cultured	(n=229)	(n=117)
Acinetobacter	42	39
baumannii	(18.3%)	(33.3%)
Pseudomonas	79	0
aeruginosa	(34.5%)	(0%)
Klebsiella	32	46
pneumoniae	(14.1%)	(39.3%)
Enterobacter	31	12
cloacae complex	(13.5%)	(10.3%)
Escherichia coli	14 (6.1%)	7 (6.1%)
*Other (5 or <)	31 (13.5%)	13 (11.1%)

^{*}Organisms making up five or fewer cases are not included.

MDRO by Surveillance Region

In 2024, the southern surveillance region had the highest number of CROs (Figure 3.1), with 83 cases, and the highest number of CPOs (Figure 3.1), with 55 cases. The northern surveillance region had the fewest number of CROs and CPOs, with 15 and 5 cases, respectively.

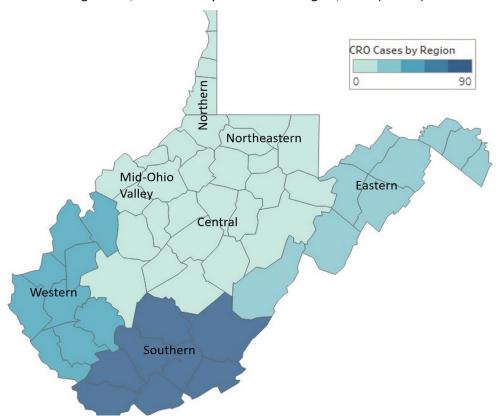


Figure 3.1, CRO Cases by Surveillance Region, 2024 (N=229)

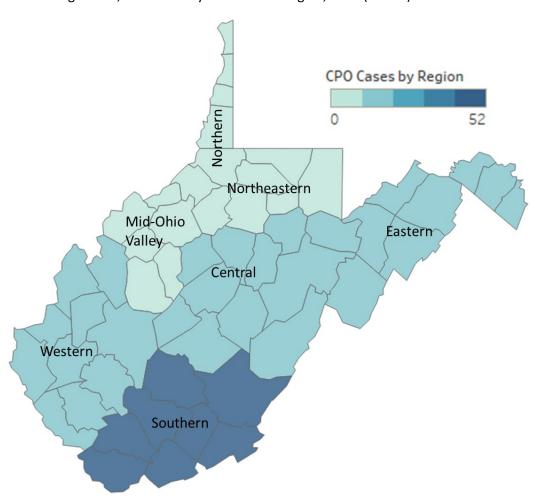


Figure 3.2, CPO Cases by Surveillance Region, 2024 (N=117)

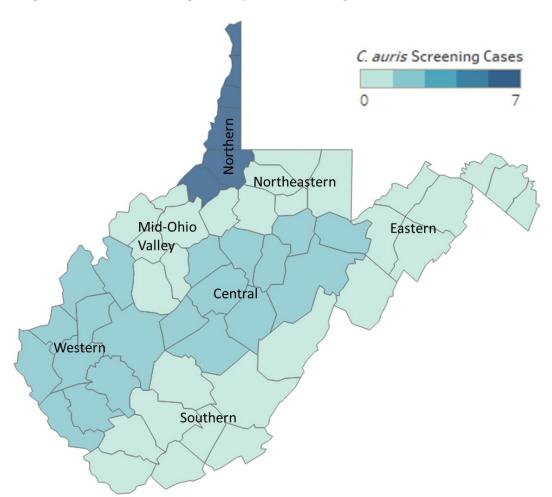


Figure 3.3, *C. auris* Screening Cases by Surveillance Region, 2024 (N=24)

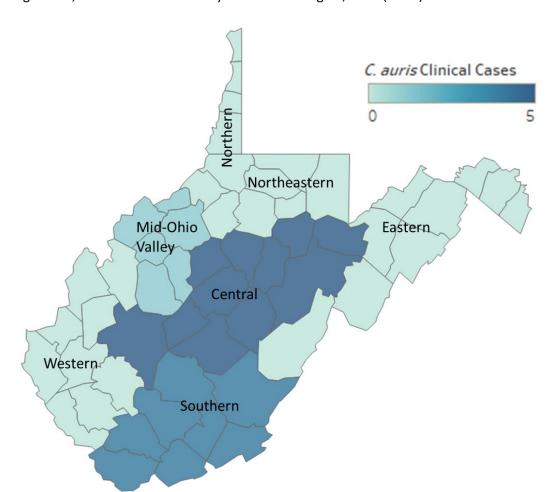
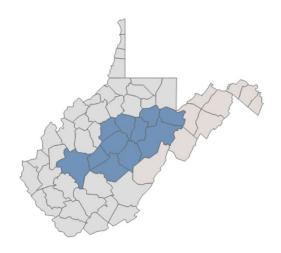


Figure 3.4, *C. auris* Clinical Cases by Surveillance Region, 2024 (N=24)

MDRO in the Central Surveillance Region



Graph 4.1, CRO and CPO Isolates, Central Surveillance Region, 2024 (N=35)

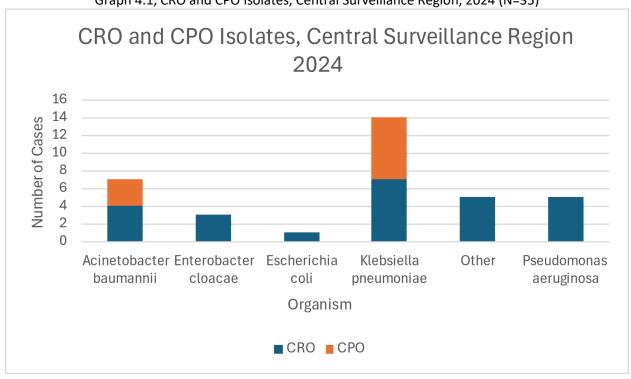


Table 4.1, CRO and CPO Isolates, Central Surveillance Region, 2024 (N=35)

Organism	CRO	СРО
Organism	(n=25)	(n=10)
Acinetobacter	4	3
baumannii	(16%)	(30%)
Enterobacter	3	0
cloacae complex	(12%)	(0%)
Escherichia coli	1 (4%)	0 (0%)
Klebsiella	7	7
pneumoniae	(28%)	(70%)
Other	5 (20%)	0 (0%)
Pseudomonas	5	0
aeruginosa	(20%)	(0%)

MDRO in Eastern Surveillance Region



Graph 5.1, CRO and CPO Isolates, Eastern Surveillance Region, 2024 (N=44)

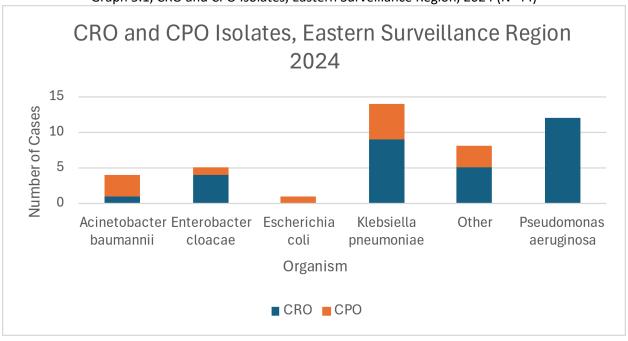
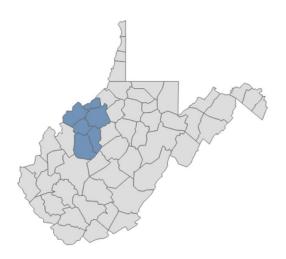


Table 5.1, CRO and CPO Isolates, Eastern Surveillance Region, 2024 (N=44)

Organism	CRO	СРО
Organism	(n=31)	(n=13)
Acinetobacter	1	3
baumannii	(3.2%)	(23.1%)
Enterobacter	4	1
cloacae complex	(12.9%)	(7.7%)
Escherichia coli	0 (0%)	1 (7.7%)
Klebsiella	9	5
pneumoniae	(29%)	(38.5%)
Pseudomonas	12	0
aeruginosa	(38.7%)	(0%)
Other	5 (16.1%)	3 (23.1%)

MDRO in Mid-Ohio Valley (MOV) Surveillance Region



Graph 6.1, CRO and CPO Isolates, MOV Surveillance Region, 2024 (N=22)

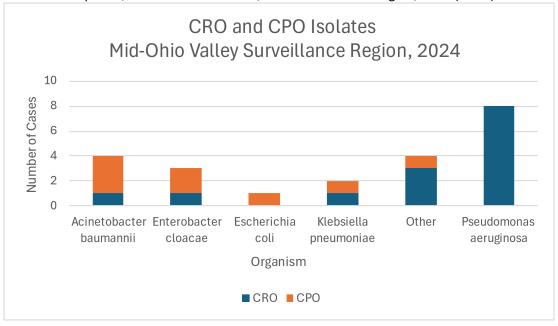


Table 6.1, CRO and CPO Isolates, MOV Surveillance Region, 2024 (N=22)

Organism	CRO	СРО
Organism	(n=14)	(n=8)
Acinetobacter	1	3
baumannii	(7.1%)	(37.5%)
Enterobacter	1	2
cloacae complex	(7.1%)	(25%)
Escherichia coli	0 (0%)	1 (12.5%)
Klebsiella	1	1
pneumoniae	(7.1%)	(12.5%)
Other	3 (21.4%)	1 (12.5%)
Pseudomonas	8	0
aeruginosa	(57.1%)	(0%)

MDRO in Northeastern Surveillance Region



Graph 7.1, CRO and CPO Isolates, Northeastern Surveillance Region, 2024 (N=31)

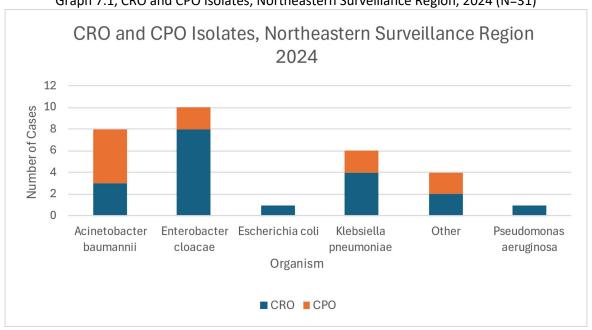


Table 7.1, CRO and CPO Isolates, Northeastern Surveillance Region, 2024 (N=31)

Organism	CRO	СРО
Organism	(n=19)	(n=11)
Acinetobacter	3	5
baumannii	(15.8%)	(45.5%)
Enterobacter	8	2
cloacae complex	(42.1%)	(18.2%)
Escherichia coli	1 (5.3%)	0 (0%)
Klebsiella	4	2
pneumoniae	(21.1%)	(18.2%)
Other	2 (10.5%)	2 (18.2%)
Pseudomonas	1	0
aeruginosa	(5.3%)	(0%)

MDRO in Northern Surveillance Region



Graph 8.1, CRO and CPO Isolates, Northern Surveillance Region, 2024 (N=20)

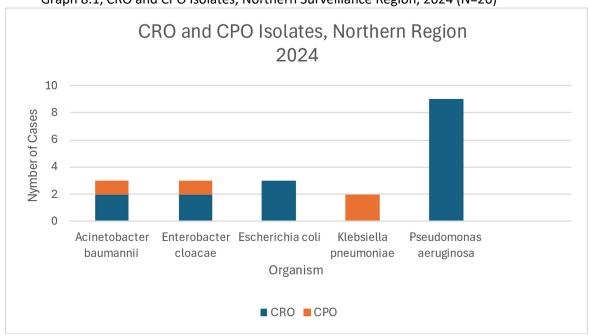


Table 8.1, CRO and CPO Isolates, Northern Surveillance Region, 2024 (N=20)

Organism	CRO	СРО
Organism	(n=16)	(n=4)
Acinetobacter	2	1
baumannii	(12.5)	(25%)
Enterobacter	2	1
cloacae	(12.5%)	(25%)
Escherichia coli	3 (18.8%)	0 (0%)
Klebsiella	0	2
pneumoniae	(0%)	(50%)
Other	0 (0%)	0 (0%)
Pseudomonas	9	0
aeruginosa	(56.3%)	(0%)

MDRO in Southern Surveillance Region



Graph 9.1, CRO and CPO Isolates, Southern Surveillance Region, 2024 (N=132)

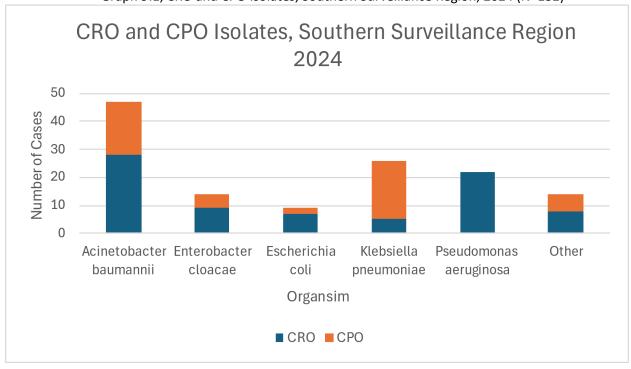


Table 9.1, CRO and CPO Isolates, Southern Surveillance Region, 2024 (N=132)

Organism	CRO	СРО
Organism	(n=79)	(n=53)
Acinetobacter	28	19
baumannii	(35.4%)	(35.8%)
Enterobacter	9	5
cloacae complex	(11.4%)	(9.4%)
Escherichia coli	7 (8.9%)	2 (3.8%)
Klebsiella	5	21
pneumoniae	(6.3%)	(39.6%)
Pseudomonas	22	0
aeruginosa	(27.8%)	(0%)
Other	8 (10.1%)	6 (11.3%)

MDRO in Western Surveillance Region



Graph 10.1, CRO and CPO Isolates, Western Surveillance Region, 2024 (N=63)

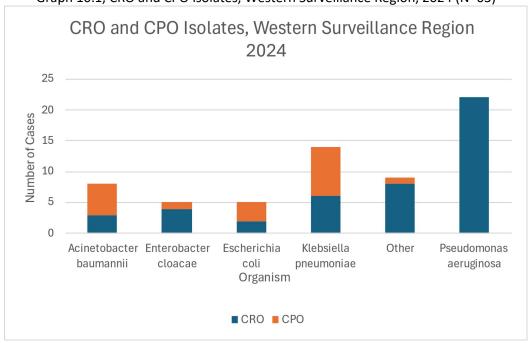


Table 10.1, CRO and CPO Isolates, Western Surveillance Region, 2024 (N=63)

Organism	CRO	СРО
Organism	(n=45)	(n=18)
Acinetobacter	3	5
baumannii	(6.7%)	(27.8%)
Enterobacter	4	1
cloacae complex	(8.9%)	(5.6%)
Escherichia coli	2 (4.4%)	3 (16.7%)
Klebsiella	6	8
pneumoniae	(13.3%)	(44.4%)
Other	8 (17.8%)	1 (5.6%)
Pseudomonas	22	0
aeruginosa	(48.9%)	(0%)

Demographics

CRO and CPO Cases by Gender

Table 11.1, CRO and CPO Cases by Gender, West Virginia, 2024 (N=346)

Gender	CRO	СРО	
Gender	(n=229)	(n=117)	
Female	117 (51.1%)	60 (51.3%)	
Male	112 (48.9%)	57 (48.7%)	

Graph 11.1, CRO and CPO Cases by Gender, West Virginia, 2024 (N=346)

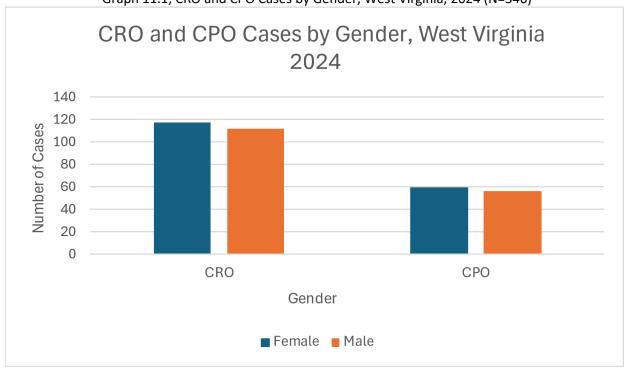


Table 11.2, Gender of CRO Cases by Surveillance Region, West Virginia, 2024 (N=229)

Gender	Central	East	MOV	North	Northeast	South	West
	(n=25)	(n=31)	(n=14)	(n=16)	(n=19)	(n=79)	(n=45)
Male	14	19	4	7	10	41	24
	(56.0%)	(61.3%)	(28.6%)	(43.8%)	(52.6%)	(51.9%)	(53.3%)
Female	11	12	10	9	9	38	21
	(44.0%)	(38.7%)	(71.4%)	(56.3%)	(47.4%)	(48.1%)	(46.7%)

Table 11.3, Gender of CPO Cases by Surveillance Region, West Virginia, 2024 (N=117)

Gender	Central	East	MOV	North	Northeast	South	West
	(n=10)	(n=13)	(n=8)	(n=4)	(n=11)	(n=53)	(n=18)
Male	6	7	5	1	3	25	10
	(60.0%)	(53.8%)	(62.5%)	(25.0%)	(27.3%)	(47.2%)	(55.6%)
Female	4	6	3	3	8	28	8
	(40.0%)	(46.2%)	(37.5%)	(75%)	(72.7%)	(52.8%)	(44.4%)

C. auris Cases by Gender

Graph 11.2, Gender of *C. auris* Cases by Surveillance Region, West Virginia, 2024 (N=24)

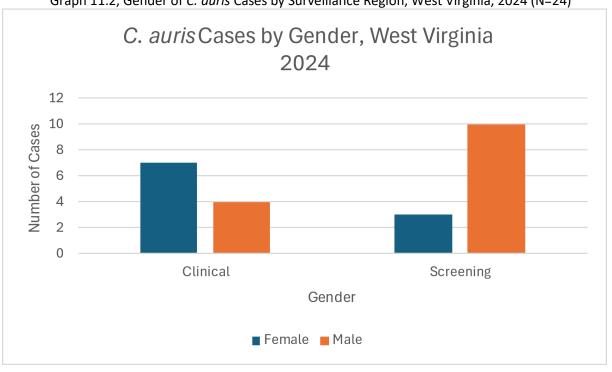


Table 11.4, Gender of *C. auris* Cases by Surveillance Region, West Virginia, 2024 (N=24)

Gender	C. auris, Screening (n=13)	C. auris, Clinical (n=11)
Male	10 (%)	4 (%)
Female	3 (%)	7 (%)

CRO and CPO Cases by Age

Graph 12.1, CRO and CPO Cases by Age, West Virginia, 2024 (N=346)

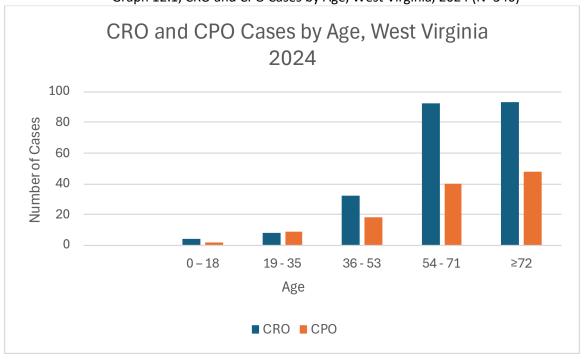


Table 12.1, Age of CRO Cases by Surveillance Region, West Virginia, 2024 (N=229)

Age	Central	East	MOV	North	Northeast	South	West
	(n=25)	(n=31)	(n=14)	(n=16)	(n=19)	(n=79)	(n=45)
Age, years (Avg.)	70	64	66	57	72	66	68
0-18	1	1	1	1	0	0	0
	(4.0%)	(3.2%)	(7.1%)	(6.3%)	(0.0%)	(0.0%)	(0.0%)
19 - 35	0	1	0	1	0	3	3
	(0.0%)	(3.2%)	(0.0%)	(6.3%)	(0.0%)	(3.8%)	(6.7%)
36 - 53	0	4	0	3	4	16	5
	(0.0%)	(12.9%)	(0.0%)	(18.8%)	(21.1%)	(20.3%)	(11.1%)
54 - 71	11	15	7	8	3	29	19
	(44.0%)	(48.4%)	(50.0%)	(50.0%)	(15.8%)	(36.7%)	(42.2%)
≥72	13	10	6	3	12	31	18
	(52.0%)	(32.3%)	(42.9%)	(18.8%)	(63.2%)	(39.2%)	(40.0%)

Table 12.2, Age of CPO Cases by Surveillance Region, West Virginia, 2024 (N=117)

Age	Central	East	MOV	North	Northeast	South	West
	(n=10)	(n=13)	(n=8)	(n=4)	(n=11)	(n=53)	(n=18)
Age, years (Avg.)	68	65	67	58	58	63	60
0 – 18	0	0	0	0	2	0	0
	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(18.2%)	(0.0%)	(0.0%)
19 - 35	0	0	0	1	1	6	1
	(0.0%)	(0.0%)	(0.0%)	(25.0%)	(9.1%)	(11.2%)	(5.6%)
36 - 53	1	4	1	0	0	7	6
	(10.0%)	(30.8%)	(12.5%)	(0.0%)	(0.0%)	(13.2%)	(33.3%)
54-71	3	3	4	2	4	21	7
	(30%)	(23.1%)	(50.0%)	(50%)	(36.4%)	(39.6%)	(38.9%)
≥72	6	6	3	1	4	19	4
	(60.0%)	(46.2%)	(37.5%)	(25.0%)	(36.4%)	(35.8%)	(22.2%)

Graph 12.2, Age of *C. auris* Cases by Surveillance Region, West Virginia, 2024 (N=24)

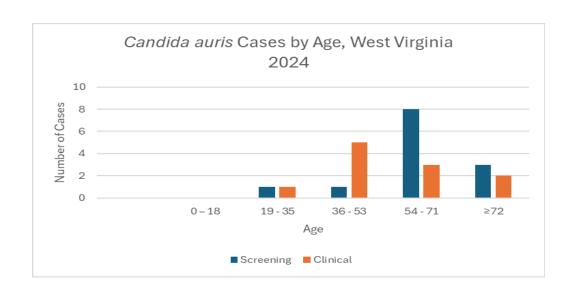


Table 12.3, Age of *C. auris* Cases by Surveillance Region, West Virginia, 2024 (N=24)

Age	C. auris Screening (n=13)	C. auris Clinical (n=11)
Age, years (Avg.)	63	55
0 – 18	0 (0.0%)	0 (0.0%)
19 - 35	1 (7.7%)	1 (9.1%)
36 - 53	1 (&.7%)	5 (45.5%)
54 - 71	8 (61.5%)	3 (27.3%)
≥72	3 (23.1%)	2 (18.2%)

CRO and CPO Cases by Race

Graph 13.1, CRO and CPO Cases by Race, West Virginia, 2024 (N=349) CRO and CPO Cases by Race, West Virginia 2024 250 Number of Cases 200 150 100 50 0 White Black Other Unknown Race ■ CRO ■ CPO

Table 13.1, Race of CRO Cases by Surveillance Region, West Virginia, 2024 (N=229)

Race	Central	East	MOV	North	Northeast	South	West
	(n=25)	(n=31)	(n=14)	(n=16)	(n=19)	(n=79)	(n=45)
White	25	27	14	16	18	76	42
	(100%)	(87.1%)	(100%)	(100%)	(94.7%)	(96.2%)	(93.3%)
Black	0	4	0	0	1	2	1
	(0.0%)	(12.9%)	(0.0%)	(0.0%)	(5.3%)	(2.5%)	(2.2%)
Other	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	1 (1.3%)	1 (2.2%)
Unknown	0	0	0	0	0	0	1
	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(2.2%)

Table 13.2. Race of CPO Cases by Surveillance Region, West Virginia, 2024 (N=117)

Race	Central	East	MOV	North	Northeast	South	West
	(n=10)	(n=13)	(n=8)	(n=4)	(n=11)	(n=53)	(n=18)
White	10	13	7	4	10	46	15
	(100%)	(100%)	(87.5%)	(100%)	(91.0%)	(86.8%)	83.3%)
Black	0	0	0	0	0	5	0
	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(9.4%)	(0.0%)
Other	0	0	1	0	0	2	3
	(0.0%)	(0.0%)	(12.5%)	(0.0%)	(0.0%)	(3.8%)	(16.7%)
Unknown	0	0	0	0	1	0	0
	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(9.0%)	(0.0%)	(0.0%)

C. auris Cases by Race

Graph 13.2, Race of *C. auris* Cases by Surveillance Region, West Virginia, 2024 (N=24)

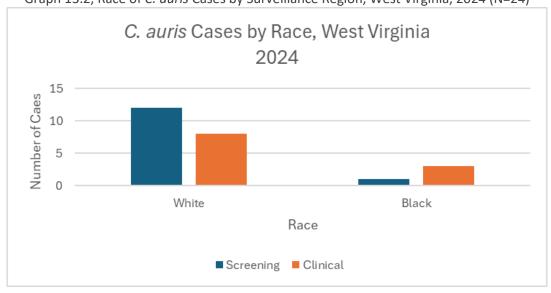


Table 13.3, Race of *C. auris* Cases by Surveillance Region, West Virginia, 2024 (N=24)

Race	C. auris Screening (n=13)	C. auris Clinical (n=11)
White	12 (92%)	8 (73%)
Black	1 (8%)	3 (27%)

CRO and CPO Cases by Ethnicity

Graph 14.1, CRO and CPO Cases by Ethnicity, West Virginia, 2024 (N=346)

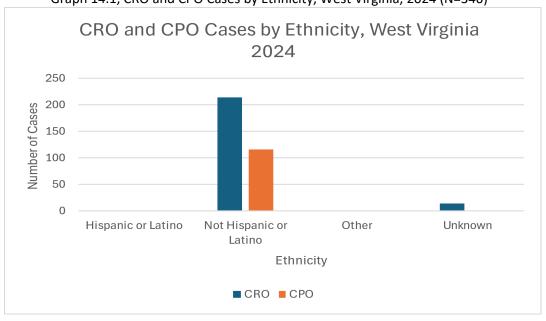


Table 14.1, Ethnicity of CRO Cases by Surveillance Region, West Virginia, 2024 (N=229)

Ethnicity	Central	East	MOV	North	Northeast	South	West
	(n=25)	(n=31)	(n=14)	(n=16)	(n=19)	(n=79)	(n=45)
Hispanic	0	0	0 (100%)	0	0	0	0
or Latino	(100%)	(100%)		(100%)	(100%)	(100%)	(100%)
Not Hispanic or Latino	24 (96.0%)	31 (100%)	13 (92.9%)	16 (100%)	19 (100%)	72 (91.1%)	39 (86.7%)
Other	0	0	0	0	0	0	0
	(100%)	(100%)	(100%)	(100%)	(100%)	(100%)	(100%)
Unknown	1	0	1	0	0	7	6
	(4.0%)	(100%)	(7.1%)	(100%)	(100%)	(8.9%)	(13.3%)

Table 14.2, Ethnicity of CPO Cases by Surveillance Region, West Virginia, 2024 (N=117)

Ethnicity	Central	East	MOV	North	Northeast	South	West
	(n=10)	(n=13)	(n=8)	(n=4)	(n=11)	(n=53)	(n=18)
Hispanic	0	0	0	0	0	0	0
or Latino	(0.0%)	(0.0%)	(0.0%)	(0.0%	(0.0%)	(0.0%)	(0.0%)
Not Hispanic or Latino	10 (100%)	13 (100%)	8 (100%)	4 (100%)	10 (90.1%)	53 (100%)	18 (100%)
Other	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)	0 (0.0%)
Unknown	0	0	0	0	1	0	0
	(0.0%)	(0.0%)	(0.0%)	(0.0%)	(9.1%)	(0.0%)	(0.0%)

C. auris Cases by Ethnicity

Candida auris Cases by Ethnicity, West Virginia 2024 12 -10 -Hispanic or Latino Not Hispanic or Latino Other Unknown ■ C. auris, screening
■ C. auris, Clinical

Graph 14.2, C. auris Cases by Ethnicity, West Virginia, 2024 (N=24)

Table 14.3, Ethnicity of *C. auris* Cases by Surveillance Region, West Virginia, 2024 (N=24)

Ethnicity	C. auris Screening (n=13)	C. auris Clinical (n=11)
Hispanic or Latino	0 (0.0%)	0 (0.0%)
Not Hispanic or Latino	12 (92.3%)	11 (100%)
Other	0 (0.0%)	0 (0.0%)
Unknown	1 (7.7%)	0 (0.0%)

Social Vulnerability

Many factors impact a community's capacity to prepare for and respond to disease outbreaks and other public health situations, including MDRO transmission. These factors include poverty level, unemployment, level of education, presence of physical or mental disability, lack of transportation or housing, and racial and ethnic status.

According to a recent report from the West Virginia Geographic Information Systems (GIS) Technical Center, the five counties with the highest social vulnerability index (SVI) scores, in ascending order, are Webster, Clay, Mingo, Wyoming, and McDowell. The top three counties are part of the Southern Surveillance Region.

The number of MDROs in each surveillance region may or may not correlate with higher SVI scores. For example, Webster County was part of the central surveillance region in 2024 with an overall SVI score of 0.4775 (low to medium level of vulnerability) and reported only 23 CROs. In the Western region, Mingo County has six CROs and no CPOs. *C. auris* cases (clinical and screening) were most frequently reported in the Northern and Central regions, both of which also had overall SVI scores in the low-to-medium range. By contrast, the Southern region—home to two of the five most socially vulnerable counties—had the highest overall SVI in the state at 0.6033, reflecting a medium-to-high vulnerability risk.

Of West Virginia's 1.74 million residents, an estimated 292,000 (16.8%) live below the federal poverty level (FPL), compared to a national average of 12.5%. In 2024, the FPL in West Virginia was \$15,060 annually for a single-person household and \$31,200 annually for a family of four. West Virginia consistently ranks among the poorest states in the nation, and McDowell County is regularly among the top five counties nationwide with the highest poverty rates. Poverty directly impacts healthcare access, often leading to delayed care, reduced preventive services, and higher financial barriers to treatment due to limited or absent insurance coverage.

Further research is needed to determine whether a direct relationship exists between social vulnerability and antimicrobial-resistant infections in West Virginia. The growing use of SVI metrics provides an opportunity to design public health interventions that are tailored to specific community needs.

Discussion

The spread of MDRO infections remains an urgent public health threat. While a significant proportion of the burden falls on the southern region of the state, healthcare facilities across all regions must remain vigilant, as no facility is unaffected.

This data should be interpreted with caution. West Virginia conducts passive surveillance, relying on laboratories and healthcare facilities to report cases. Although MDROs are reportable conditions, underreporting may occur. In addition, available data reflect only patient status at the time of specimen collection, making it difficult to determine the true cause of hospitalization or the broader clinical impact.

Another key limitation is assessing the population at risk. While some MDRO infections may originate in the community, most have historically been associated with healthcare exposure and prolonged use of broad-spectrum antibiotics. Because hospital populations are dynamic, determining the precise population at risk remains a challenge.

Recommendations

Despite these limitations, the findings of this report have important implications for infection prevention and control. Healthcare facilities across West Virginia should:

- Adhere to infection prevention measures: Implement standard and contact precautions, or enhanced barrier precautions (EBP) in nursing homes, for patients infected or colonized with MDROs.
- Strengthen antimicrobial stewardship programs: Incorporate evidence-based prescribing practices and ensure facility-wide adoption of CDC's Core Elements of Antimicrobial Stewardship, tailored to the facility type.
- Invest in education and awareness: Continue educating providers, patients, and the public on the risks of antimicrobial overuse and misuse.

Facilities that need assistance developing or strengthening infection prevention programs can request support from the West Virginia Office of Epidemiology and Prevention Services (OEPS) Healthcare-Associated Infections / Antimicrobial Resistance (HAI/AR) program. Resources include:

- Infection Control Assessment and Response (ICAR) team: Provides guidance to healthcare facilities in identifying gaps in infection control and improving patient safety.
- WV Project Firstline: Offers innovative and accessible infection control training for frontline healthcare workers to strengthen preparedness against infectious disease threats.

Summary

MDRO infections continue to pose serious public health concern in West Virginia. High rates of risk factors increased antimicrobial use and misuse, and the difficulty of treating resistant organisms highlight the need for robust surveillance and prevention. Collaborative action between healthcare facilities and public health partners is essential to reduce transmission and protect the health and well-being of West Virginians.