

The Immunization Visit

Parent to Child Comfort Tips

Child's Age	What to do
Two months—one year	Hold or rock, cuddle, feed, talk softly
One—three years	Likes to be held Likes a treat for doing good
Pre-schoolers	Likes a band-aid Likes praise, hugs & treats
Teens	Encourage, praise & humor

What to say:

- + Call it an immunization not a shot
- + The nurse will put a little medication in your arm with a needle. It will feel like a pinch but the hurt goes away soon.
- + This won't take long
- + Every child had immunizations, I had them, too.
- + Distract the child by talking or singing or with objects in the room.



Remember:

Allow a child of any age to cry. It's their way of coping.