

Blacklegged Tick



Lone Star Tick



Asian longhorned tick



American dog tick



WHY ARE TICKS DANGEROUS?

TICKS TRANSMIT DISEASES: LYME DISEASE, ALPHA-GAL SYNDROME, ROCKY MOUNTAIN SPOTTED FEVER, ANAPLASMOSIS AND BABESIOSIS. TICKS HARBOR THESE DISEASES AND TRANSMIT THEM TO HUMANS WHEN THEY BITE.

STAY PROTECTED
WHILE OUTDOORS



FOR MORE INFORMATION VISIT
OEPS.WV.GOV

VULNERABLE POPULATIONS

PEOPLE WHO SPEND TIME OUTDOORS ARE AT RISK OF EXPOSURE TO TICKS, AS THESE PESTS INHABIT WOODED AREAS, TALL GRASS AND BRUSH. ACTIVITIES SUCH AS HIKING, CAMPING, FISHING, HUNTING, GARDENING, WILDLIFE VIEWING AND OUTDOOR WORK CAN INCREASE THE LIKELIHOOD OF COMING INTO CONTACT WITH THEM. IT IS IMPORTANT TO TAKE PREVENTIVE MEASURES TO REDUCE THE RISK OF TICK BITES AND DISEASE TRANSMITTED BY THESE PARASITES.

HOW TO PROTECT YOURSELF



APPLY INSECT REPELLENT CONTAINING AT LEAST 20% DEET



TREAT THE CLOTHING WITH PERMETHRIN



WEAR LONG CLOTHING. TUCK YOUR SHIRT INTO YOUR PANTS AND YOUR PANTS INTO YOUR SOCKS.

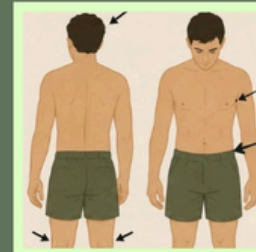


WEAR LIGHT COLORED CLOTHING AND CHECK FOR TICKS.

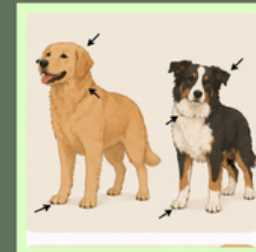


AVOID AREAS WITH DENSE VEGETATION AND DO NOT STRAY FROM THE TRAILS.

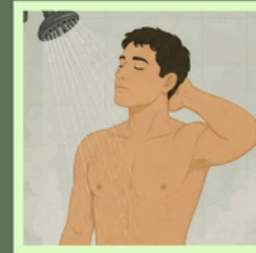
HOW TO PROTECT YOURSELF AFTER BEING OUTDOORS



CHECK FOR TICKS AROUND THE SCALP, WAIST, ARMPITS AND BEHIND THE KNEES.



CHECK YOUR PETS FOR TICKS AROUND THE EARS, NECK, ABDOMEN AND AROUND THEIR TOES.



TAKE A HOT SHOWER.



PUT CLOTHES IN THE DYER FOR AT LEAST 20 MINUTES.

HOW TO REMOVE A TICK

USE TWEEZERS TO GRASP IT CLOSE TO THE HEAD AND PULL UPWARDS. DO NOT SQUEEZE OR TWIST IT. DO NOT COVER IT WITH PETROLEUM JELLY. CLEAN THE BITE WITH AN ANTISEPTIC.