
MEASURES FOR PREVENTING STAPHYLOCOCCAL SKIN INFECTIONS AMONG SPORTS PARTICIPANTS

Centers for Disease Control Recommendations for School Athletic Teams



Cover all wounds. If a wound cannot be covered adequately, consider excluding players with potentially infectious skin lesions from practice or competitions until the lesions are healed or can be covered adequately.



Encourage good hygiene, including showering and washing with soap after all practices and competitions.



Ensure availability of adequate soap and hot water



Discourage sharing of towels and personal items (e.g., clothing or equipment).



Establish routine cleaning schedules for shared equipment.



Train athletes and coaches in first aid for wounds and recognition of wounds that are potentially infected.



Encourage athletes to report skin lesions to coaches and encourage coaches to assess athletes regularly for skin lesions.

