**Isoniazid (INH)**
*Patient information sheet*

**Why you are taking the medication:**
Isoniazid (INH) is used alone or with other drugs to treat tuberculosis and to prevent people from getting sick if they have had contact with tuberculosis bacteria.

**Let your health care provider know right away if you have any of the following issues:**
- Loss of appetite for a few days that is not going away
- Tiredness, weakness
- Moderate stomach pain, nausea, or vomiting
- Numbness or tingling of your fingers or toes
- Blurred vision, eye pain
- Yellow skin or eyes or dark-colored urine

**Instructions for taking medication:**
- Do not take this medication with a large fatty meal. If you have an upset stomach, take the medicine with a snack.
- Avoid alcohol while taking this medicine.
- If you need an antacid, don’t take it within an hour of this medicine.
- Let your doctor know if you get a flushing feeling, sweaty, or headaches when eating certain cheeses or fish.
- Ask your doctor if you should be taking a vitamin B6.
- It is very important to stay well hydrated while taking this medication to help prevent side effects, here is a link to the “Hydration Protocol” to follow while on this medication: [http://www.dhhr.wv.gov/oeps/tuberculosis/Documents/Hydration%20Protocol%20with%20RPT%20and%20INH.pdf](http://www.dhhr.wv.gov/oeps/tuberculosis/Documents/Hydration%20Protocol%20with%20RPT%20and%20INH.pdf)
- As with all medications, it is important to take the full course of the medicine, even if you begin to feel better.
- Be sure to tell your healthcare provider about ANY other medications you may take, especially medications for seizures.

**Contact information for your health department:**