

Isoniazid (INH)

Patient information sheet



Why you are taking the medication:

Isoniazid (INH) is used alone or with other drugs to treat tuberculosis and to prevent people from getting sick if they have had contact with tuberculosis bacteria

Let your health care provider know right away if you have any of the following issues:

- Loss of appetite for a few days that is not going away
- Tiredness, weakness
- Moderate stomach pain, nausea, or vomiting
- Numbness or tingling of your fingers or toes
- Blurred vision, eye pain
- Yellow skin or eyes or dark-colored urine

Instructions for taking medication:

- Do not take this medication with a large fatty meal. If you have an upset stomach, take the medicine with a snack
- Avoid alcohol while taking this medicine
- If you need an antacid, don't take it within an hour of this medicine
- Let your doctor know if you get a flushing feeling, sweaty, or headaches when eating certain cheeses or fish
- Ask your doctor if you should be taking a vitamin B6
- It is very important to stay well hydrated while taking this medication to help prevent side effects, here is a link to the "Hydration Protocol" to follow while on this medication:
<http://www.dhhr.wv.gov/oeps/tuberculosis/Documents/Hydration%20Protocol%20with%20RPT%20and%20INH.pdf>
- As with all medications, it is important to take the full course of the medicine, even if you begin to feel better
- Be sure to tell your healthcare provider about ANY other medications you may take, especially medications for seizures

Contact information for your health department: